

Health and Adult Social Care Scrutiny Board
Mental Health Support Session 14.9.20

Context

At its meeting on 6th July 2020 the Health and Adult Social Care Scrutiny Board agreed to hold a focused meeting to consider issues relating to mental health support in Sandwell. The session aims to consider the different tiers of services available at present in relation to the following themes:

- **Prevention in the community.**
- **Supporting vulnerable adults, carers and dementia.**
- **NHS capacity in local primary and secondary care settings.**

Approach

The focused session of the Health and Adult Social Care Scrutiny Board will be presentation based with background data sent to members prior to discussion. The meeting will be structured in accordance with the following themes:

- a) **Elderly and Care Home Support**
- b) **BAME (Black, Asian and Minority Ethnic) Communities**
- c) **Children & Families**
- d) **Staff & Workforce**

Each facilitator will be asked to present for 15 mins on their data and theme, followed by 5 mins for questions. Partner organisation have been asked to provide;

- A **Top 5** of key data, emerging trends, noted changes (within the last six months).
- A **short case study** to illustrate the overall picture and highlight issue areas

This will be preceded by an **overview of the current context** and a **snapshot of current service usage data**.

The following issue areas will be considered to enable any appropriate **Actions and Next Steps** to be identified:

1. Developing a shared understanding

- The impact of the Covid-19 pandemic on mental health in Sandwell.
- Outlining a collective picture.

2. Key Interventions

- How can Overview & Scrutiny check the sufficiency of services and the council's response?
- Are there additional needs and requirements that scrutiny can usefully help identify and progress?

3. Specific Issues

Potential examples of Covid-19 response through a mental health support lens;

- What has been the impact of the crisis on **delayed discharge** and for those individuals detained under the mental health act?
- Covid 19 impact on **different diagnosis of mental health**, such as anxiety and depression.
- **Workforce wellbeing**- What impact has flexible and remote working had on vulnerable people or those in households unable to support it?

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4. Partnership Development

- How do we ensure cohesion across services now and that they continued to be developed jointly in the future?
- Utilising an 'Experts by Experience' model to feed in a snapshot of services and multi-agency working on the ground.

It is intended for the session to align with the cross-cutting themes outlined in the **Council's Reset & Recovery Plan** and the emerging thematic Cabinet workshops.

It is also suggested that this approach could be used as a shared methodology for the **Children's & Education Scrutiny Panel** to conduct a parallel review of mental health support for young people, building on findings from the recent youth facilities report and its recommendations.

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